

HOME GROWN MOMMY

Garlic Elixir *from HomeGrownMommy.com*

Garlic Elixir is a wonderful combination that you can take on a daily basis as an immune booster. It is a wonderful remedy to ward off any infection.



Ingredients:

- 1 Cup of Apple Cider Vinegar
- 1 Cup of Raw Honey
- 8 Cloves of Garlic

Directions:

1. Put all the ingredients into a blender.
2. Mix on high for about 60 seconds or until everything looks mostly smooth.
3. Pour into a glass container.
4. Let the mixture sit in the refrigerator for 5 days.
5. Take about 2 teaspoons 3 times per day.